

# A

## Face Mask Fitting

### Step by Step Instruction



**Open box, remove mask by hooking fingers into the elastic loops.**

**Avoid handling the mask**



**Once the mask is out of the box turn your hands inwards so the dark green side of the mask is facing you**



**(If you have the mask the correct way up the thin metal strip will be at the top)**



**Hook the elastic over the ears, pinch the metal strip over the nose so it fits snugly.**



**Now adjust the lower half of the mask so it covers the chin.**



**If the mask is fitted correctly it should cover the face like this.**

**Surgical face masks should:-**

- Cover both nose and mouth and not be allowed to dangle around the neck after use
- Not be touched once put on
- **be changed once they become moist**
- Be worn only once and discarded in an appropriate receptacle as clinical waste
- Hand hygiene must be performed after disposal is complete

It is essential that masks are removed and disposed of between patients. If masks are not to become hazardous in themselves they must be removed and disposed of very carefully - in the same way that dressings and tissues should be.